



Allergen Information

Menu: Asador 44

Date Updated: 02 / 02 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)															
	Wheat Flour/ Rye (Please State) e.g. bran, Gluten Cereals Containing wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs		
Charred Bread Sobrasada butter	Active	Wheat Flour/ Rye	May	N/A	N/A	Active	May	N/A	N/A	May	May	May	Mixed Nuts	N/A	N/A	N/A
Gordal Olives, lemon, parsley	N/A	N/A	N/A	N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Salt Cod, Jarron Consomme	N/A	N/A	N/A	N/A	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A	May	Active	May	May
Red Prawn Croqueta	Active	Wheat Flour	N/A	N/A	N/A	Active	Active	N/A	N/A	N/A	N/A	Active	Coconut husk in bre:	Active	Active	Active
Black Truffle Bellota Salchichon	N/A	N/A	N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Wild Mushroom, aubergine	N/A	Active	N/A	Active	N/A	N/A	Active	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Grilled Scallop XO sauce	N/A	Active	N/A	May	May	N/A	Active	May	May	N/A	N/A	N/A	Active	Active	Active	Active
Duroc Pork Miso mayo Cockles	N/A	Active	N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	May	May	Active	Active

©Shield Safety. For further details please call 020 3740 3744 or visit shieldsafety.co.uk. Unauthorised reproduction of this form is strictly forbidden.



Allergen Information

Menu: Asador 44 Menu

Date Updated: 31 / 01 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)														
	Wheat Flour(Cracker	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs	
Beef Tartare	Active														
Grilled Cauliflower, romesco, cai	N/A	Active	N/A	N/A	N/A	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Hake, tomato, mussels, bisque	N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	Active	Active
Grilled squid, ink mayo	N/A	N/A	N/A	N/A	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A	May	May	Active
Arroz, ox cheek, salsa verde	N/A	Active	N/A	N/A	N/A	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A
300g Rump steak, onion	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Slow Cooked Lamb Shoulder	N/A	N/A	N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
500g Spanish Ex Dairy Sirloin	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

©Shield Safety. For further details please call 020 3740 3744 or visit shieldsafety.co.uk. Unauthorised reproduction of this form is strictly forbidden.



Allergen Information

Menu: Asador Menu

Date Updated: 31 / 01 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)																	
	(Please State)	Wheat, spelt, e.g. bran, Gluten	Cereals Containing	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	(Please State)	Nuts e.g. hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	
600g Welsh Ex dairy Sirloin	N/A			N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Asador Fries	May	Wheat Flour		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Charcoal Turnips	N/A			Active	N/A	N/A	Active	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Escalivada	N/A			N/A	N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Courgette, Basil, Honey	N/A			N/A	N/A	N/A	Active	N/A	Active	N/A	May	May	May	Mixed Nuts	N/A	N/A	N/A	N/A
Charred Beetroot, horseradish	N/A			N/A	N/A	N/A	Active	N/A	N/A	N/A	Active	May	May	Mixed Nuts	N/A	N/A	N/A	N/A
Grilled Squash, Kale,	N/A			N/A	N/A	N/A	Active	N/A	Active	N/A	May	May	Active	Almonds, Mixed Nut	N/A	N/A	N/A	N/A
Heritage tomato salad	N/A			N/A	N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

©Shield Safety. For further details please call 020 3740 3744 or visit shieldsafety.co.uk. Unauthorised reproduction of this form is strictly forbidden.



Allergen Information

Menu: Asador 44 Menu

Date Updated: 31 / 01 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)														
	Wheat, spelt (Please State)	Cereals Containing Gluten e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs
Torres Brandy Peppercorn Sauc	N/A	N/A	N/A	N/A	N/A	Active	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Romesco	Active	Wheat Flour	May	N/A	N/A	May	May	Active	N/A	May	May	Active	Walnuts, Mixed nuts	N/A	N/A
Onion Butter	N/A	N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Vegan Beetroot	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	Active	May	May	Mixed Nuts	N/A	N/A
Vegan Squah	N/A	N/A	N/A	N/A	N/A	N/A	N/A	Active	N/A	May	May	Active	Almonds, Mixed Nut	N/A	N/A
Confit Duck leg XO Sauce	N/A	N/A	Active	N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	Active	Active	Active
Ox cheek (Lunch Menu)	N/A	N/A	Active	N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

@Shield Safety. For further details please call 020 3740 3744 or visit shieldsafety.co.uk. Unauthorised reproduction of this form is strictly forbidden.