



Allergen Information

Menu: Asador 44 Breakfast

Date Updated: 12 / 01 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)														
	Wheat, spelt (Please State)	Cereals Containing Gluten e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs
Burnt Onion Ketchup	N/A		Active	N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Sherried Welsh Cakes	Active	Wheat Flour	N/A	N/A	N/A	Active	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Tart de Santiago	Active	Wheat Flour	May	Active	N/A	May	Active	N/A	N/A	N/A	N/A	N/A	Active	Mixed Nuts	N/A
Granola	May		N/A	N/A	N/A	N/A	N/A	N/A	N/A	May	May	Active	Mixed nuts	N/A	N/A
Charcuterie	N/A		Active	N/A	N/A	Active	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Cheese	N/A		N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Ensamadia	Active	Wheat Flour	N/A	N/A	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Fruit Compote	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

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Allergen Information

Menu: Asador 44

Date Updated: 11 / 07 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)																
	Wheat, spelt (Please State)	Cereals Containing Gluten e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs		
Charred Bread Sobrasada butter	Active	Wheat Flour/ Rye	May	N/A	N/A	Active	May	N/A	N/A	May	May	May	May	Mixed Nuts	N/A	N/A	N/A
Gordal Olives, lemon, parsley	N/A		N/A	N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Cartabrian Anchovies	N/A		N/A	N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	May	Active	May
Red Prawn Croqueta	Active	Wheat Flour	N/A	N/A	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A	Active	Coconut husk in bre:	Active	Active	Active
Black Truffle Bellota Salchichon	N/A		N/A	N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Wild Mushroom, aubergine	N/A		Active	N/A	Active	N/A	N/A	Active	N/A	Active	N/A	Active	N/A	N/A	N/A	N/A	N/A
Grilled Scallop XO sauce	N/A		Active	N/A	May	May	N/A	Active	May	May	N/A	N/A	N/A	N/A	Active	Active	Active
Manteca,	Active	Wheat Flour (toast)	N/A	N/A	N/A	Active	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A



Allergen Information

Menu: Asador 44 Menu

Date Updated: 01 / 05 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)																
	Wheat, spelt (Please State)	Cereals Containing Gluten e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs		
Beef Tartare	Active	Wheat Flour(Cracker	Active	N/A	N/A	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A		
Grilled Cauliflower, romesco, cai	Active	Wheat Flour (romesc	Active	N/A	N/A	N/A	N/A	Active	Active	N/A	N/A	May	Active	Almonds, Mixed Nut	N/A	N/A	N/A
Hake, tomato, mussels, bisque	N/A	N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	Active	Active	Active	Active
Grilled squid, ink mayo	N/A	N/A	N/A	N/A	N/A	Active	Active	Active	N/A	N/A	N/A	N/A	May	May	Active	Active	Active
Arroz, ox cheek, salsa verde	N/A	Active	N/A	N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
300g Rump steak, onion	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Slow Cooked Lamb Shoulder	N/A	N/A	N/A	N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
500g Spanish Ex Dairy Sirloin	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

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Allergen Information

Menu: Asador Menu

Date Updated: 03 / 07 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)														
	Wheat, spelt (Please State)	Cereals Containing Gluten e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs
600g Welsh Ex dairy Sirloin	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Asador Fries	May	Wheat Flour	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Charcoal Turnips	N/A	N/A	Active	N/A	N/A	Active	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Fire Roast piquillo peppers	N/A	N/A	N/A	N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Grilled Leeks, romesco Paprika	Active	Wheat Flour Crumb	N/A	N/A	N/A	N/A	N/A	Active	N/A	May	May	May	Almonds Mixed Nuts	N/A	N/A
Charred Beetroot, Black sesame	N/A	N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	Active	May	May	Mixed Nuts	N/A	N/A
Celeriac, wild garlic, ricotta sauc	Active	Wheat flour	N/A	N/A	N/A	Active	N/A	Active	N/A	May	May	Active	Almonds, Mixed Nut	May	N/A
Heritage tomato salad	N/A	N/A	N/A	N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A

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Allergen Information

Menu: Asador 44 Menu

Date Updated: 01 / 05 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)														
	Wheat, spelt (Please State)	Cereals Containing Gluten e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs
Torres Brandy Peppercorn Sauc	N/A	N/A	N/A	N/A	N/A	Active	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Romesco	Active	Wheat Flour	May	N/A	N/A	May	May	Active	N/A	May	May	Active	Walnuts, Mixed nuts	N/A	N/A
Miso Butter	N/A	Active	Active	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Vegan Beetroot	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	Active	May	May	Mixed Nuts	N/A	N/A
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	<input type="text" value="N/A"/>	N/A	<input type="text" value="N/A"/>	<input type="text" value="N/A"/>	<input type="text" value="N/A"/>	<input type="text" value="N/A"/>	N/A	N/A
Confit Duck leg XO Sauce	N/A	Active	Active	N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	Active	Active	Active
Ox cheek (Lunch Menu)	N/A	Active	Active	N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	<input type="text" value="N/A"/>	<input type="text" value="N/A"/>	<input type="text" value="N/A"/>



Allergen Information

Menu: Asador 44 Dessert Menu

Date Updated: 11 / 06 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)															
	Wheat, spelt (Please State)	Cereals Containing Gluten e.g. bran, wheat,	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs	
Chocolate	N/A		Active	N/A	N/A	Active	Active	Active	N/A	May	May	Active	Almond, Mixed Nuts	N/A	N/A	N/A
Crème Catalan Choux Bun	Active	Wheat Flour	N/A	N/A	N/A	Active	Active	N/A	N/A	May	May	Active	Pistachio, Mixed Nut	N/A	N/A	N/A
Petit Fours Please Ask Server	Active	Wheat Flour	Active	N/A	N/A	Active	Active	Active	N/A	May	May	Active	Mixed	N/A	N/A	N/A
Ice Creams Please Ask Server	N/A		N/A	N/A	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Cheese, Also Please Ask Serve	Active	Wheat Flour (Cracke	N/A	N/A	N/A	Active	N/A	Active	N/A	May	May	Active	Mixed Nuts	N/A	N/A	N/A
Sorbets Please ask Server	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Banana	N/A		N/A	N/A	N/A	Active	Active	Active	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A



Allergen Information

Menu: Asador 44 Sunday Roasts

Date Updated: 03 / 07 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)													
	Cereals Containing Wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs
Jamon Fast Roast Pots	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Leek Gratin	Active	Wheat Flour	N/A	N/A	Active	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Jamon Fat Yorkshire	Active	Wheat Flour	N/A	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Carrots	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Broccoli	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Sunday Beef rice	N/A	N/A	N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Seafood Sharing rice	N/A	N/A	N/A	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A	Active	Active	Active
Manchego Salad	N/A	N/A	N/A	N/A	Active	Active	N/A	N/A	N/A	May	Active	Walnuts	N/A	N/A

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